

# WELCOME BUNDLE

## The Habits Playbook

### For Creating Psychologically Safe & Inclusive Teams

This habit playbook has been created to support all employees and leaders to consider how their behaviour directly influences other employees' experience. We all play a role, regardless of our title or position, in promoting and protecting our team members and colleagues mental health.

- [Watch The Habits Playbook for Creating Psychologically Safe & Inclusive Teams](#) video.
- [Complete the Self-Assessment of the 7 Must Habits that Contribute to Psychologically Safe & Inclusive Teams](#)
- [Read the Seven Must Habits Required by All Employees to Create Psychologically Safe & Inclusive Teams](#) document.
- [Review the Coaching Tips for Developing New Habits](#) infographic.
- [Complete the Weekly Seven Required by All Employees to Create Psychologically Safe & Inclusive Teams.](#)
- Additional resources to expand your intrapersonal & interpersonal habits maturity and impact.
  - [A Review of Daily Habits that Support Psychologically Safe & Inclusive Teams](#)
  - [Audio Recording](#) of the review.

